

PARENTING FOR JANNAH

# MOMMY'S DUA BOOK

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COMPILED BY  
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Asalam alaykum,

Becoming a mother is one of the greatest joys of a woman. Our children are both a gift and a trust (amanah) from Allah.

"We have enjoined on man kindness to his parents; in pain did his mother bear him, and in pain did she give him birth" (46:15).

The Prophet (SAW) said, "Paradise is at the feet of the mother."

Oh what a blessing and a responsibility too. We carry a great responsibility in raising a family, not only in caring for their physical needs, but also in educating them in their religion and morals.

So how do we go about it?

We start first by making Dua.

Dua is worship and the weapon of a believer.

The Prophet (SAW) said; Three supplications will not be rejected (by Allah (SWT)), the supplication of the parent for his child, the supplication of the one who is fasting, and the supplication of the traveler. (At-Tirmidhi - Sahih)

Allaah loves to be asked, and He encourages that in all things. He is angry with the one who does not ask of Him and He encourages His slaves to ask of Him.

Allah says “And your Lord said: “Invoke Me [i.e. believe in My Oneness (Islamic Monotheism) and ask Me for anything] I will respond to your (invocation)” (40:60).

## Some Etiquette for making Dua

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1. Believe in Tawheed with regard to the divinity, Lordship, names and attributes of Allah
2. Sincerity towards Allah alone in making dua
3. Ask of Allah by his beautiful names
4. Praise Allah as He deserves before we call upon Him
5. Send blessings upon the Prophet (SAW)
6. Face the Qiblah
7. Raise both hands together humbly before Allah
8. Have certain faith that Allah will respond and focus with proper presence of mind
9. Ask frequently
10. Ensure food and clothing are halal
11. Say dua silently and in secret

## Best Times to make Dua

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There are certain times dua is more likely to be accepted by Allah (SWT) as mentioned by Prophet (SAW). These times are as follows

1. When it's raining
2. The last third of the night before Fajr Prayer
3. Upon waking from sleep
4. Between the time of Adhan and Iqamah
5. After making wudu
6. In prostration
7. Before finishing the Prayer (after conveying blessings on the Prophet)
8. After the Prayer (especially the compulsory Prayers)
9. An hour on Fridays, especially between Asr and Maghrib Prayers
10. Ramadan: Before breaking the fasting, the last ten days, and the "Night of Power" (Laylat Al-Qadr)
11. The first 10 days of Dhul Hijjah
12. While drinking the Zamzam water
13. When faced with adversity
14. At the crowing of a Rooster
15. While travelling
16. While visiting the sick
17. When in a gathering for the purpose of remembering Allah

## How to use this Guide

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Did you read the etiquette for making dua and the best times to make dua?

YES? Great

No? Okay, please go through the prior pages and take 5 minutes to read it.

Mention your child's name anywhere you see "\_\_\_" in the guide.

If you don't have kids yet, still make dua for them.

I pray Allah blesses you with children who would be the coolness of your eyes soon. Ameen

May Allah accept our duas.

I pray this dua guide for your kids is beneficial to you In shaa Allah.

Please say a word of prayer for me and my family too.

Jazakhallah Khairan.

# ALLAH ﷻ (the Only One God)

O Allah, you are the One and Only God and you have no partners. Ya Allah, you are the knower of the unseen and the witnessed. You do not resemble any of your creation in any way.

Oh Allah, guide \_\_\_ to firm belief in you and aid \_\_\_ in acting upon these beliefs that would by doing good deeds that will lead to your Pleasure.

Oh, Allah, we know nothing but what You teach us. Teach \_\_\_ what is good for him/her and increase \_\_\_ knowledge.

Make \_\_\_ of those who remember you often and make \_\_\_ turn to you at all times.

Bless \_\_\_ with faith in you and make \_\_\_ of those who will see you in Jannah. Ameen



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# AR-RAHMAAN الرَّحْمَنُ (the Entirely Merciful)

Ar-Rahmaan, the One who is most loving, gentle and merciful. You are the one whose endless loving mercy is perfect and inclusive. Your loving beneficence endlessly embrace all of creation

Shower \_\_\_ continuously with your mercy, kindness, love, blessings and prosperity without any disparity.

Let \_\_\_ never despair of your mercy, guide \_\_\_ to be merciful to others, to maintain family ties and to always seek your Pleasure.

Enable \_\_\_ to reflect on your mercy around us, adorn \_\_\_ with your gratefulness and enter \_\_\_ into Paradise by your mercy. Ameen



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# AR-RAHEEM الرَّحِيمُ (the Bestower of Mercy)

Ar-Raheem, the One who greatly rewards those who use the Divine bounties and beneficence in a good way. You are the One who bestows your mercy perfectly and continuously on all that exists.

Guide \_\_\_ to hold onto your book and the sunnah so he/she may attain your special mercy and adorn \_\_\_ actions, speech and thoughts with a deep sense of taqwa.

Give \_\_\_ eternal gifts from your infinite beneficence and bounties.

Make \_\_\_ turn to you at all times, asking for your mercy and make \_\_\_ compassionate towards all your creatures. Ameen



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# AL-MALIK الْمَلِكُ (the King)

Al-Malik, the owner and ruler of the entire universe, visible and invisible, and of all creation, from before the beginning and after the end.

You are the Only Owner and the King of the Day of Resurrection.

Our Lord, help \_\_\_ in following your commands and in being righteous.

Adorn \_\_\_\_\_ with humility and patience.

O Allah, lead \_\_\_ out from the depths of darkness and illusion.

Lead \_\_\_ unto the lights of erudition and knowledge.

O my Sustainer, cause \_\_\_\_\_ to grow in knowledge. Ameen



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# AL-QUDDUS الْقُدُّوسُ (the Most Pure)

Al-Quddus, the One who is pure, spotless, without blemish or fault. You are the One who is beyond all human understanding of purity, perfection and holiness.

You are the One who is far from, and untouched by, worldly imperfections or faults.

O Allah, you are the One whose essence and attributes are of unimaginable purity and perfection.

Ya Allah, Cover \_\_\_\_\_ blemishes and faults.

Lead \_\_\_\_\_ to a sound belief in your Oneness, purify \_\_\_\_\_ heart, deeds and intentions.

Guide \_\_\_\_\_ in performing the best salah, in giving the best charity and help \_\_\_\_\_ turn to the Quran to keep her heart pure. Ameen



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# AS-SALAAM السَّلَامُ (the Source of Peace)

O Allah, As-Salaam you are the One who is perfect, whole and prosperous.

Our Lord, you are free from imperfection, faults and error.

You are the source of all peace, wholeness and safety.

Keep \_\_\_ safe in this world, guide him/her to patience and inner peace and make \_\_\_ of those from whom others are safe and make \_\_\_ safe from the injustice of others.

Adorn \_\_\_ with a sound heart and make \_\_\_ of those who receive your salaam in Jannah.  
Ameens.



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# AL-MU'MIN **الْمُؤْمِنُ** (the Inspirer of Faith)

O Al-Mum'in, the One who witnessed for Himself that no one is God but Him. You are the one who witnessed for your believers that they are truthful in their belief that no one is God but You.

O Allah, you are the One who faithfully bestows the gifts of peace, safety and security.

O Allah, grant \_\_\_ freedom from fear, illuminate \_\_\_ heart with faith.

Bless \_\_\_ with strong iman, lead and direct \_\_\_ in taking care of trusts and fulfilling promises. Adorn \_\_\_ with all the characteristics of your beloved believers.

Grant \_\_\_ safety and steadfastness in this world and make \_\_\_ of those who enjoy the ultimate safety of Jannah. Ameen



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# AL-MUHAYMIN الْمُهَيِّمِ (the Guardian)

O Al-Muhaymin, the One who ensures our well-being, he who extends wings of Love to cover and protect creation. The one who sees the growth of His creation leading them where they are destined to go.

You are the One who is ever watchful, the One who protects and guards. The One who offers peace, security and proclaims the truth.

Make \_\_\_ mindful in everything he/she does and aid \_\_\_ in accepting and being content with your decree in good and bad times.

Make the Quran \_\_\_\_\_ close companion and a witness for and not against him/her.

Protect and cure \_\_\_\_\_ heart from its diseases and protect \_\_\_\_\_ at all times, against others and ourselves in this life and the next. Ameen.



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# AL-AZEEZ الْعَزِيزُ (the Mighty One)

O Al-Azeez, you are the One who is the most Powerful and most Cherished. The victorious One whose strength, glory and power are overwhelming and cannot be overcome or resisted.

The One whose dignity, majesty and power are unique, precious and unattainable by mankind. The One whose respectability and nobility are above all others.

The One who overcomes everything. The One who is incomparable and unparalleled. The One who is the cherished source of all strength, power and potency.

Adorn \_\_\_ with the honor of Islam, make him/her rely on only your power. Make \_\_\_ benefit from the Qur'an and protect \_\_\_ from all those who want to overpower us. Ameen.



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Asalam Alaykum Sister,

Parenting is a tough job and I believe it's the most important job that we will ever undertake and one that we don't get any training for. I believe nurturing empowering adult-child relationship is at the core of a strong community and raising the next ummah.

My name is Zuliat Lawal and I help you discover the best way to raise well rounded muslim children in this digital age following Islamic and research based principles.

Won't it be great to be with your family both in this life and the next?

I share nuggets and resources on faith and Islamic parenting at Liamanah.

[Click here](#) to follow me on Instagram

[Click here](#) if you want the complete Mummy's Dua Kit fusing all the 99 names of Allah to create duas for your kids